# Despoina Karakoulaki

**Preschool Teacher** 



#### **EXPERIENCE**

### Kindergarten Teacher - YMCA Kindergarten and Nursery school, Thessaloniki, Greece

September 2020 - December 2020

- Coordinate daily activities and projects of the preschool class.
- Communicating with parents, coaching them on at home techniques to encourage positivity and curiosity.
- Implemented sensory play activities, helping 10+ children develop cognitive and fine motor skills.

### Kindergarten Assistant - Synnefoula Private Nursery and preschool education, Rysio, Greece (internship)

March 2019 - June 2019

- Organizing outdoor activities that helped children connect with nature.
- Organizing messy play which foster's children curiosity, imagination and exploration.
- Childminder for everyday bus rides for more than 20 children.

## Kindergarten Assistant - 4rd Public Preschool of Sykes, Thessaloniki, Greece (internship)

October 2018 - May 2019

- Organized music and movement activities helping children develop gross motor skills.
- Established activities that taught students self-reliability and independent learning.

### $\label{eq:conditional_condition} \textbf{Kindergarten Assistant - } 3^{\text{rd}} \ \textbf{Public Preschool of Sykes, Thessaloniki,}$

Greece (internship)

April 2018 - May 2018

- Planning art projects, and theatre games to enable children express and understand their feelings.
- Closely collaborating with the kindergarten teacher and scheduling the weekly program through planning and discussion.

#### Supervisor and Camp Counselor - Yuppi Summer Camp, Halkidiki, Greece,

June-July 2013-2017

- Responsible for both camp counsellors and children ensuring that camp policies were enforced and campers were safe.
- Constantly communicating with parents regarding their children's daily program and experience.

#### **EDUCATION**

Aristotle University of Thessaloniki, **Early Childhood Education** September 2015 - December 2020

#### **SKILLS**

Classroom management Communication Lesson planning Flexibility Teamwork Creativity

#### **LANGUAGES**

Greek, Native language English, Level B2

#### **SEMINARS**

Basic First Aid Seminar, Institute for Development and Employment, Thessaloniki, Greece.

9/02/2017

Special Education Seminar, EMPLOY Center, Thessaloniki, Greece 12/10/2019

The Contribution of Empathy to the Modern Educational Process Seminar, EMPLOY Center, Thessaloniki, Greece 22/02/2019

Dance as an educational method for young children and Kid's Yoga, PASTER Institute, Thessaloniki, Greece. 06/03/2020

Messy, Sensory and Clay Play Seminar, Hehe Art, Thessaloniki, Greece

06/12/2020

Sex Education Seminar, GoLearn Institute, Athens, Greece 30/08/2021